

# **Jackie Chant**

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# JACKIES UPDATE - DECEMBER 2012

### Hello horse lovers,

Can you believe that we are heading towards the end of another year? It has absolutely flown by – as they say, time flies when you're having fun! I am truly so grateful at the end of this very eventful year. Usually, at the end of a year and the beginning of the next, I reflect on what a year it has been. This year, my reflections come a little early due to a very shocking and tragic loss in our Parelli community. A car accident caused he death of James Roberts, 3\* Parelli professional and horse development specialist. It has still not completely sunk in, and I'm thinking of the contribution and knowledge that he has shared so passionately with so many adoring students. Losing someone you have known for a decade can really jolt us into some very deep thought and at this stage I am remembering all the great times I spent with James, what I learnt from him and his cheeky character and ambitious nature. A natural leader, a fire element that should have been here for so much longer than 33 years. Rest in peace James Roberts, you will never be forgotten.

I have so many highlights and things to be grateful for in 2012. Of course the biggest being that I got married! Married life is fantastic, Lance is my rock and I am so lucky to have someone in my life who understands my crazy lifestyle travelling here there and everywhere to share the Parelli message and persue my passion. I have amazing positive people around me and a wonderful family who help me out when I need it. I am so grateful for their support. At long last I have upgraded my float and car which was a big goal ticked off my list! Also now that I have the most wonderful handy man for a husband we're making a few good changes to the facilities around the Chant ranch. There were many many highlights with teaching and continued education during the year so.... hmmmm let me see............ Studying with Linda Parelli and Colleen Kelly might be worth a mention! (see below). I am so very grateful for all the students who have attended my lessons and clinics with such enthusiasm. I could not do what I do with out you and I look forward to meeting many more of you in 2013!

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# **Studying with Linda Parell**

In my last newsletter I had just arrived in Pagosa Springs, Colorado at the beautiful Parelli Ranch/University to spend another month riding with Linda Parelli in her barn (known as Linda Land) continuing my education specialising in the Game of Contact. You'll remember that I was assigned my project horse Santana. He was a great study for me and we made fantastic progress during my month with him. One of the highlights was being filmed in the new Advanced Rider Biomechanics DVD with Colleen Kelly and Linda Parelli as well as Marion (Linda's Protégé) and Ryan (Linda's Intern). This was such a fun DVD to make, Colleen was a hoot! It has just been released and guess who is on the front cover with Colleen and Linda? Santana and I! What a great privilege to be not only in the DVD but also on the cover! The rest of my US adventure was action packed, getting to ride the incredible Hot Jazz, Grand Prix dressage school master Zen and the gorgeous warmblood mare Taree. I also fel inlove with Highland who was such a cool character, he'll be one amazing horse in a few years! I was also able to watch Linda presenting to a group of 2\* Instructors attending the first four week 3\* course which was fantastic – Linda is a master communicator and teacher! Her way of getting important information across to students without causing brace or for any student to feel wrong in the learning process was seamless and I always learn so much watching her present to groups or individuals. Another great highlight was the last week assisting Linda on the beginning week of her four week Masterclass with Instructors from all over the world. It was like a big reunion, instructors I've known from all over and from as early as 1997. It was so cool to have such an amazing last week to finish off. Having Neil Pye (Former 5\* Instructor and my most influential instructor during my





journey to Level 3) and Carol Coppinger 6\* Master Instructor in the class was just so great – living the principal of never ending self improvement and here I was helping them!! What a great way to repay them for the inspriation they've given me on my journey! Also, instructors from Germany, Austria, Switzerland, Italy, Australia, US the UK - all of whome I taught with or been in a class with at some point. It was sad to say goodbye when it was time for me to leave the ranch. I came away with so much to lick and chew on, loaded with all of Linda's most up to date techniques and teachings of the Advanced Game of contact, ready to step into Linda's shoes to teach the first Advancing Game of contact five day course in Australasia. Linda had some very exciting engagements (top secret at the time) to film with Christoph Hess in Texas the week she had been scheduled to be in Australia so I was asked to teach

it in her place. This was a great honour to be asked and a very exciting opportunity!

Bottom photo: The team at Linda Land – Lillan Roquet, Myself, Ryan Pfouts, Linda Parelli, Marion Oesch and Lyndsey Fitch.

Top photo: Ryan, Lyndsey, Lillan, Me and Linda on the logs practicing perfectly!

### **GOC Clinic success in NZ and Australia**

On my return from the Parelli Campus, I jumped straight into teaching and the first GOC clinic was held at the Selwyn Equestrian Park with great success in September. The excitement and enthusiasm was fantastic and everyone made such huge progress in the three days. Thank you to all of you who attended this first ever GOC clinic in NZ and to Sandy Stanway for co-ordinating the clinic and all the behind the scene stuff to make an even like this happen! Then a few weeks later a huge career highlight for me was to be at the Australian Parelli centre teaching Instructors and high level students for five days with the Advancing GOC clinic. It was an electric energy, I enjoyed every minute and the support & wonderful feedback from my fellow Instructors was so amazing. I am just so passionate about sharing everything I have learnt in Linda Land and everyone could feel that and lapped it up! All of my demonstrations with various horsenalities gave the students strategies for every stumbling block they may come up against and were hugely appreciated by all who attended. Pat always used to tell us "You need to want to learn as much as you need air" and that week I had riders and auditors that were that focused and passionate about progressing on their journey – it was truly awesome! The second GOC clinic was held in the Waikato in November hosted by Jane Cook. The days were packed full of the wonderful theory, simulations and practicle riding sessions as well as a social BBO on the Saturday evening for everyone to enjoy some downtime together. Another great week of sharing Linda Parelli's wonderful new concept of making contact a game for the horse to want to participate in confidently and willingly!

So, where to next... This winter, I will fly across the pond again, and do a GOC clinic tour in five different states! I will also be scheduling GOC clincs in Spring for the North Island and South Island so stay tuned for dates so you can secure your spot! For those wishing to add a GOC clinic onto their goals list, the pre-requisits to ride in the clinic is to have self assessed at level 3 Freestyle riding. Auditors may attend no

# The Key to Collection: The Game of Contact

A truly revolutionary breakthrough, the Game of Contact addresses several riding issues in a natural way. If your horse has inactive hind legs, tongue displacement, choppy stride or any number of other issues related to contact, this DVD is an essential addition to your library.

The DVD is packaged with the Study Manual that Linda gives to all riders in her wildly popular Game of Contact Clinics.

# To purchase please go to my link:

http://instructor.parelli.co m/jackiechant and click on shop, then click on education.

Additional related study material to help you on your Freestyle and Finesse journey are:

Rider Biomechanics DVD pack with Linda Parelli and Colleen Kelly

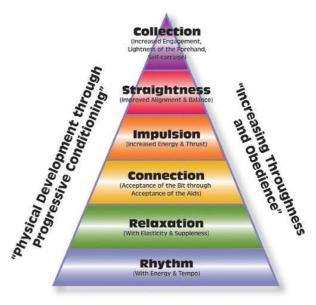
Advanced Rider Biomechanics DVD pack with Linda Parelli and Colleen Kelly – pre-order now available!!

9 Pilates essentials for the balanced rider DVD with Janice Dulak matter what their level and with what is taught about feel and horse and rider posture and biomechanics there is so much knowledge to take away to apply to the other three Savvy's and to know when to start playing with Finesse with your partner! I really look forward to seeing you at a GOC clinic some time in the future! As prior and propper preparation prevents 'P' poor performance, See our Liberty and Finesse 5 day course scheduled March 2013 – this course covers everything to prepare riders for the GOC!

### Rocky's progress update

My Rocky boy has just turned 6 years old, and I am just so proud of how far he has come despite all of my travelling of late. Our sessions together always have me smiling and sometimes laughing. He tries so hard and his maturity both mentally and physically is now really starting to show. He has truly blossomed and I am so excited at how much progress we are making. If you set the goal, then you have a much better chance of achieving it, and when I bought Rocky, I was very determined to offer him the best start and foundation to prepare him for what ever performance was best suited to his talents (with my fingers crossed that might be dressage!) My goal was to have Rocky's Level 4 foundation by the time he was six and we are right on target! I know, I'm well overdue to make another progress report DVD, but here's hoping we can successfully record the 'What is Parelli' demonstration on the 16<sup>th</sup> December where we will be showing all four savvy's Online & Liberty(on the ground) and Freestyle & Finesse (ridden) to the best of our ability on the day. Rocky has a few demo's under his belt now, his first was with my dear Archie when he was just a three year old! Meanwhile, I follow the patterns programs, using the training scale of dressage as my guide for what to focus on at his level. This scale varies with translations pictured here is the english version. The first three you

## **Pyramid of Training**



would have heard Pat Parelli mention a lot in his DVD's – Rhythm, Relaxation and Contact (or connection). It is these three that set the foundation for the next four as without relaxation – there will just be brace or tension in everything we do and therefore, we won't have the level of communication and trust to achieve true unity! Everyone, whether wanting to pursue dressage or not, can learn a lot by using this pyramid of training in all four Savvy's. Focus on what is important in the journey, not just on the destination (task or goal).

## Don't forget to come to the 'What is Parelli' Demonstraion – Christchurch 16th Dec.



Bring any horsey friends you would like to introduce to the Parelli program or who you think needs to be re-inspired! Help us to grow the Parelli community in the Canterbury area! We will have free spot prize's for new and existing students who attend. We hope you can make it!

**Venue:** 351 Hamptons Road, Broadfields, Christchurch. 1-3pm, Please bring your own chair! We would love to see you!

# **Introducing our New Zealand Instructor team! South Island**

Jackie Chant – 4 Star Senior (able to teach all 4 savvy's to level 4) - Christchurch
Sandy Stanway – 2 Star Junior (able to teach Online and Freestyle to level 3) – North Canterbury
Kate O'Reilly - 2 Star Junior Trainee (will begin teaching in 2013) - Christchurch
Kim Woods – 1 Star Junior Trainee (able to teach Online to level 3) - Christchurch

#### **North Island**

Russell Higgins – 4 Star Senior, Hamilton Tori Murry-Ellie – 1 Star Junior, Dargaville Antoinette Archer – 1 Star Junior, Taranaki Jane Cook – 1 Star Junior, Auckland



### Summer season of courses is up on the webpage schedule!

You can find all information by going to <a href="http://instructor.parelli.com/jackiechant">http://instructor.parelli.com/jackiechant</a> and clicking on schedule. You can also see courses coming up on Parelli connect and for your fridge we have attached the current schedule for 2013 up until April. If you are interested in hosting a course in your area please contact me at <a href="mailto:parellinz@xtra.co.nz">parellinz@xtra.co.nz</a>. For private/group lessons please contact me directly for an appointment (weekdays available only).

### Five whole days of focus, fun and lots of progress!

Coming up this season, we have two very exciting 5 day courses being held at The Chant Ranch.

### Freestyle and Fluidity Focus (Adv Level 2-3) February 2-6<sup>th</sup>

This course is aimed at students playing at advanced level 2 to Level 3 Freestyle in our levels program. (This means you will have one rein riding going well at walk and trot and have been playing with level 2 freestyle patterns). We will cover the fundamentals of successful freestyle riding beginning with an effective warm up on the ground, natural riding dynamics, impulsion patterns to help you balance your 'Go and Whoa', fluidity techniques and rider biomechanics to take you to a whole new level of harmony and balance. Level 2-3 in the Parelli program is all about Impulsion, building a dependable partnership. Safety and confidence for both you and your horse at walk, trot and canter and setting you up for bridleless riding.



#### Liberty & Finesse Refinement (Level 3-4) March 2-6<sup>th</sup>

This course is aimed at students who are studying Level 3-4 and are ready to begin or advance the savvy's of Liberty and Finesse. (*This menas you will have Level 3 online concepts going well and be playing in Level 3 Freestyle riding patterns*). This course will address leadership issues and delve deeply into horsenality tendencies and strategies for success. You will be guided through the process of introducing the snaffle, focus on the qualities of a horseman and employ feel, timing and balance to a whole new level. This course will prepare you for liberty inside and outside of the round pen as well as prepare you and your horse for the Game of Contact. You will learn to play and ride with precision, and use exercises to build your horses mental, emotional and physical connection and responsiveness.



#### The benefits of the clinic environment

Whether a two day clinic or up to a five day course, having an opportunity to immerse yourself surrounded by like minded people, nothing else to think about but you and your horse while guided by an experienced Senior Instructor with 15 years experience in the

Parelli program is the ultimate way to make progress. The feedback I get from students who have pushed themselves out of their comfort zone and attended a clinic to advance their horsemanship is always the same - they can't believe how much they've learnt in such a short space of time. Fast tracking their program and setting them up for months of progress with what they have learnt. In an traditional world, we are either used to muddling along on our own with no real set goals and not making much progress or taking lessons weekly or fortnightly to be micromanaged through a series of exercises and often more than not, we forget how we got what we achieved in that lesson soon after. Since being a student in the Parelli program and now having the privilege to teach it, I can not emphasise enough the power and depth of learning while in the clinic environment. With theory, group simulations (to walk a minute or a mile in your horses horse shoes) demonstrations and then with teaching sessions with your horse you are really owning your own learning. says, "I can't experience, experience for you, but I can share my experiences with you, and second hand gold is as good as new". During a clinic, I am able to share my experiences with you to set you up for success and help you achieve your dreams and goals with your horse. I look forward to seeing you at a clinic this season and until then, keep it natural and have a wonderful holiday season with friends and family!



## Are you thinking of purchasing a Parelli saddle?

For Parelli saddle enquires, please email me for a saddle fit session to ensure you order the correct saddle for you and your horse. I have GP Fluidity, dressage fluidity, Cruiser and Natural performer saddles you try on your horse and years of experience fitting these saddles with extraordinary padding system with the Theraflex pad and shims and now our new Smart Pad!

### Have you heard about the new Parelli Saddles Smart Pad?

I've heard wonderful things about the new Smart Pad from colleagues around the world and have now been riding with one myself. This pad is the latest technology in performance pads. If you ride for long periods of time or have a very sensitive horse who maybe doesn't like the rubber or air of the Theraflex pad, then this is your solution. See <a href="https://www.parellisaddles.com">www.parellisaddles.com</a> for more information.

Please check my schedule regularly for the most up to date course details and contact information by going to my home page <a href="http://instructor.parelli.com/jackiechant">http://instructor.parelli.com/jackiechant</a> and clicking on 'Schedule' or if you need to buy any Parelli Equipment or DVD's etc just click 'Shop' and you will support your instructor with the sales commission! Thank you!



Follow Jackie & Rocky's progress on Parelli connect <a href="http://www.parelliconnect.com/horses/104">http://www.parelliconnect.com/horses/104</a>



Keep up with daily posts on Facebook <a href="http://www.facebook.com/jackie.chant">http://www.facebook.com/jackie.chant</a> or check out Jackie's page on Facebook Jackie Chant - 4\* Senior Parelli Professional

Stay tune for my new website launch in 2013 www.iackiechant.co.nz



